

Coburg U.C. Transformation Group Sept - Oct series

When: 4 Mondays, starting Sept 3rd to Oct 1st (excepting Sept 17th), from 7.30 – 9pm.

Where: Coburg Uniting Church, 21 Victoria St, Coburg. [Please phone \(03\) 9354 1641 to register your interest](tel:0393541641)

Is there a fee? No. This Group opportunity is offered freely to all who are interested.

As each week builds upon the previous one, the group will close to new participants on Sept 10th.

What will we be doing?

For a copy of the Transformation Group introductory documents, [go to our Activities page](#) and follow the link.

In this series, our journey starts from a place of curiosity about what it means to live as a Spiritual Being in this world. We'll touch on topics to illuminate our way, such as the 4 dimensions of our human capacity, emotional intelligence, the 4 creative forces of life, developing personal mastery.

And yet our most important work together will be our developing awareness of, and support for, our own and others transformation as we journey together over 4 weeks, sharing our stories, opening our hearts, being inspired and discussing topics, all through the lens of being interested in how transformation occurs in our lives.

Facilitator – Dr Andrew Horwood, GP and spiritual teacher